

# Sock Puppet Workshop

 Sunday, March 29th

 3:00 - 4:30 PM PST

 Zoom: 897 7756 3347 | PW: 803184

Hosted by ACA's Greater Western USA Region



## What to Bring:

- **Two socks:** one for the child and one for the Parent, with no facial images
  - **Curiosity**
  - **An open heart**
- That's it.

### **There's nothing to perform and nothing to get right.**

This workshop invites you into a gentle, guided experience of connecting with your **Loving Parent** and **Inner Child** using simple socks as expressive tools.

Through curiosity and compassionate communication, we create a safe space for listening, emotional support, and healing connection.

No experience needed — just a willingness to show up and explore together.